



Richard George Frey

June 16, 1951 - July 16, 2024

With heavy hearts, we regret to announce that Dr. Richard George Frey, a beloved son, husband, father, and grandfather, passed away on July 16, 2024 in Pittsburgh, Pennsylvania.

He is survived by his mother, Thressa; devoted wife, Barbara; his daughters, Kristen and Lauren; and his grandchildren, William and Sofia.

Per Richard's request, no funeral or memorial service will be held at this time. In lieu of flowers, please consider a donation to the Musella Foundation for Brain Tumor Research or Presbyterian Senior Care Foundation (Willows at Oakmont Campus) on Richard's behalf. Professional services by Thomas M. Smith Funeral Home & Crematory Ltd., Blawnox

Tribute Wall

JO

“ Both my dad and I went to Dr. Frey for several years before he retired. I was just listening to the song “A Forest” by The Cure and remembered an important lesson he taught me during my treatment: “Don’t look at the forest just for the trees.” I remembered all of our sessions fondly and wanted to show my partner a picture of what he looks like. I knew deep down it was a possibility that I would find this obituary. Dr. Frey had one of the most influential holds on my life as a person and I’m so sad to hear he passed. He helped me in ways no one else could when I truly needed it most. Helped me discover many things about myself psychologically that I now know how to handle thanks to his help and expertise. My deepest condolences go out to his family and friends as he was a strong light in this world. He is already deeply missed.

Jordan - May 03, 2025 at 10:35 AM

CG

“ Wow what a shock I got Monday. For almost twenty years, every week, we would chat. You helped me through some of the darkest days of my life. You helped me enjoy some of the happiness as well. I’m going to miss you peeking around the corner saying “Hey boss lady”. You teasing me about the bathroom debacle at American Eagle’s headquarters. You taught me how to not argue with the absurd. The best advice ever. I’m so glad that Dr J Robert Love referred you to me. I’m going to miss our weekly visits Dr Frey. I do know one thing. You were a person who I know I will see in Heaven. We had those chats too. Godspeed good doctor, fly high!



Colleen G - August 24, 2024 at 04:46 PM

CC

“ I had the honor to be a patient of this extraordinary, wonderful man, Dr. Frey for since 2004. He lifted my soul, my mind to new healthy heights, His genuine concern and care and guidance led me through some darkest times in my life to a lighted joyful recovery and a new life and attitude that is permanently instilled in me. He was one of a kind, His laughter, care, and humility as one of His many traits, that made Him who He was. I know God has a special place for Him, and we can all rest assure He is in paradise with our savior Jesus Christ.



To Dr. Freys lovely wife and daughters and sons in law and grandchildren and Mother, I want to extended my deepest sympathies, as He often talked of His Pride and love and pride of family . He will remain in my heart and thoughts as one of the most courageous, caring person I have had the honor of knowing. You all will be in my continued thoughts and prayers. Rest in Peace Dr. Frey we all will meet again in heaven one day, where happiness health and life is waiting for us all. The last day which was so hard to say goodbye in His Office, He said to me" go live your life each day, and keep moving forward!
With tears in my eyes and a heavy heart, I will carry all Ge taught me to move on, healthy , and being amazed at the gift He was to me.

Chrissy Cushman,
Pittsburgh

Christine Cushman - August 05, 2024 at 03:03 PM

SA

“ I met Dr. Frey thru Cranberry Psychological Center. My ex husband and I went to see him, and then our children met him. Dr. Frey helped me get through my divorce and made me the strong woman I am today. He helped my daughters especially my youngest get through her anxiety. I sent a few of my colleagues to see him as well. There is no other man like Dr. Frey. He changed my life and I respected him so much. To me he was like no other. Dr. Frey became a house hold name. In fact my daughters and I had our last appointment with him before he retired and all four of us had tears flowing before our appointment was over. That session, will always remain in my heart. He said, "Live your life with with your glass half full..it's a powerful thing." In my house, each of us have that quote framed and in our bedrooms. I knew this day would arrive and I know how difficult it would be for us. Please know that your son, husband, father, grandfather will always be in our hearts and he will never be forgotten.....he was a wonderful man.

Sharon Arce
Springdale

Sharon Arce - August 01, 2024 at 08:58 PM

MK

“ To some he was Rick and to others he was Dr. Frey. But soon after we met in 1989 he became Ricky to me. We were colleagues, devoted to the same endeavor of helping others to face and resolve life's problems. He became my boss in 1996 after I began working in the practice, but I it never felt like I had one because what I was most proud to call him was my friend. We shared many funny and heartfelt moments and had that thing that good friends have, a way of talking to and understanding one another, sometimes even without having to say too much. Forever loved and deeply missed, Ricky you will always have a special place in my heart.

Marc Kaplan - July 22, 2024 at 12:01 PM